



**KATY CAVALIER LACROSSE REGISTRATION FORM
2010-2011**

PLEASE PRINT CLEARLY

* PLAYER'S NAME _____

DATE BIRTH _____ AGE AS OF 12/31/10 _____

SCHOOL _____ GRADE _____

* PARENT (MOM, DAD, GUARDIAN) NAME _____

*STREET ADDRESS _____

*CITY _____ *ZIP CODE _____

* HOME PHONE _____

* PARENT'S E-MAIL ADDRESS _____

* FATHER'S CELL _____ FATHER'S WORK _____

* MOTHER'S CELL _____ MOTHER'S WORK _____

US LACROSSE # _____ EXPIRATION DATE _____

POSITIONS PLAYED OR DESIRED _____

DUES FOR 2010-11 SEASON ARE: \$275 (7/8 Grade), or \$200 (4/5/6 Grade), or \$275 (for a family with multiple players).

Note: Entries with a * will be shown in the Directory

KATY CAVALIER LACROSSE CLUB
Amateur Athletic Minor Waiver and Release of Liability

In consideration of being allowed to participate in any way in the Katy Cavalier Lacrosse Club athletic sports program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. Participant will be engaging in activities involving risk of serious injury including potential for permanent paralysis or death. And while particular rules, equipment and personal discipline may reduce the risk, the risk of serious injury does exist, and
2. I/we knowingly and freely assume all foregoing risks, both known and unknown, even if arising from the negligence, actions, or inaction of the Releases or others, and assume full responsibility for Participant's event/activity participation, and
3. I/we will inspect facilities and equipment to be used and will comply with stated terms and conditions for participation. If any unusual significant hazard is observed in the participant's presence or participation, Participant should remove himself/herself from participation and bring such hazard to the attention of the nearest official or coach immediately, and
4. I/we release, waive, discharge and covenant not to sue, Katy Cavalier Lacrosse Club Inc., their officers, officials, agents, coaches, and if applicable, owners and lessors of premises used to conduct any event ("Releasees") with respect to any and all injury, disability, death, or loss or damage to person or property, whether arising from the negligence of the Releasees or otherwise, and
5. I/we agree (that) due to the varying times and point of departure for scheduled events, adult volunteers cannot/will not monitor who Participant has permission to ride with, and
6. I/we agree participant/player assumes responsibility to secure his/her legal guardian's permission to ride with another team member to any game/event.

**ALL PARENTS/GUARDIAN WITH LEGAL RIGHTS FOR THE PLAYER MUST SIGN
THIS WAIVER AND RELEASE FORM**

**FOR PARTICIPANTS OF MINORITY AGE
(Under Age 18 at Time of Registration)**

This is to certify that as legal guardian(s) for Participant _____, we do consent and agree to his release as provided above of all the above Releasees. And for my self, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above.

I/we have read the above waiver and release any assumption of risk agreement found above. I/we understand I/we have given up substantial rights by signing it and sign it freely and voluntarily without any inducement.

Parent/Legal Guardian _____ Relationship _____ Date _____

Printed Name of Parent/Legal Guardian _____

Parent/Legal Guardian _____ Relationship _____ Date _____

Printed Name of Parent/Legal Guardian _____

MOUTHGUARDS AND STICK END KNOBS ARE MANDATORY FOR ALL LACROSSE EVENTS. PLAYERS WHO HAVE LOST OR FORGOTTEN THESE PIECES OF EQUIPMENT WILL BE SOLD ONE FROM THE "CLUB'S STORE". PARENTS WILL BE BILLED THE "GOING RATE" OF EQUIPMENT, AS SOLD AT PLACES LIKE ACADEMY OR ALL-STAR LACROSSE. FAILURE TO PAY BILL WITHIN 10 DAYS WILL RESULT IN SUSPENSION UNTIL BILL IS PAID.

PARENT'S INITIAL _____

**KATY CAVALIER LACROSSE CLUB, INC.
PROOF OF INSURANCE
AND
EMERGENCY MEDICAL TREATMENT CONSENT**

Name of Player _____

Grade ____ School _____ Date of Birth _____ Height _____ Weight _____

Name of Parent/Guardian _____

Home Address _____ City _____ State _____ Zip _____

Home Phone _____

Father's Work Phone _____ Father's Cell Phone _____

Mother's Work Phone _____ Mother's Cell Phone _____

Other Emergency Contact _____

US Lacrosse # _____ Expires _____

Insurance Carrier _____ Phone # _____

Employer _____ Group _____

Insured _____ ID# _____

INSURANCE REQUIREMENTS: The player and his parent/guardian named above understand and agree that primary medical insurance coverage is required to be provided by the parent/guardian in conjunction with the Player's participation in any field lacrosse playing activity (including, with limitation, practices, scrimmages, league play in and out of season, playoff, tournament, and all-star games).

CHANGE IN INSURANCE STATUS: In the event the Player's primary medical insurance coverage terminates during this period, the Player agrees to immediately withdraw from participation in all playing activities and notify his/her club of the change in insurance status.

FAILURE TO PROVIDE INSURANCE: No member of the club may permit any Player to participate in any lacrosse playing activity until and unless the Katy Cavalier Lacrosse Club, Inc. has received Proof of Insurance in accordance with its rules and regulations.

I acknowledge and agree to these terms and conditions.

Parent/Guardian Signature _____ Date _____

EMERGENCY MEDICAL TREATMENT CONSENT: I CONSENT TO HAVE ANY KATY CAVALIER LACROSSE CLUB, INC ADULT VOLUNTEER ACT IN MY BEHALF SHOULD AN EMERGENCY ARISE AND HEREBY GRANT PERMISSION TO SAID VOLUNTEER TO AUTHORIZE MEDICAL ATTENTION FOR MY CHILD, RECOMMENDED BY A PHYSICIAN, NURSE HOSPITAL, OR EMERGENCY MEDICAL PERSONNEL.

Known allergies, medical conditions or considerations(s) _____

Parent/Guardian Signature _____ **Date** _____

Insurance Company Authorization: I authorize the above insurance company to provide the Katy Cavalier Lacrosse Club, Inc. and/or Hospital with all information necessary to verify my medical insurance coverage.

Insured's authorized Signature _____ **Date** _____

**FRONT AND BACK
COPY OF YOUR
INSURANCE CARD**

KATY CAVALIER LACROSSE CLUB

CODE OF CONDUCT

As a player I pledge:

1. "Honor the Game."
2. Show good sportsmanship to all players, coaches, officials, and spectators.
3. Support a drug and tobacco-free environment.
4. Learn the rules of Lacrosse to become a better player.
5. NOT to use profanity at any event.
6. NOT to criticize players, coaches, officials, or spectators.
7. NOT to touch any player, coach, or official in a threatening manner.

As a coach I pledge:

1. "Honor the Game."
2. Show good sportsmanship to all players, coaches, officials, and spectators.
3. Support a drug and tobacco-free environment.
4. Be aware of the influence I have on all players and spectators.
5. Strive to be a positive role model to all players and spectators.
6. Teach my players to play within the rules of the game.
7. NOT to use profanity at any event.
8. NOT to criticize players, coaches, officials, or spectators.
9. NOT to touch any player, coach, official, or spectator in a threatening manner.

As a parent/guardian I pledge:

1. Honor the Game."
2. Show good sportsmanship to all players, coaches, officials, and spectators.
3. Support a drug and tobacco-free environment.
4. Strive to be a positive role model to all players and spectators.
5. Learn the rules of Lacrosse to become a better fan.
6. Let the coach "coach".
7. NOT to use profanity at any event.
8. NOT to criticize players, coaches, officials, or spectators.
9. NOT to touch any player, coach, or official in a threatening manner.
10. Respect and adhere to the directions of the designated Site Administrator.

This contract must be signed by any player, parent or coach who wishes to participate in any Katy Cavalier Lacrosse Club event. A player's form must also be signed by the parent(s) or guardian. The signature indicates that the person has read and agreed to the Code of Conduct and knows that the consequences of violating one on these rules may include ejection from the event. The teams Board of Directors will be notified of the ejection. The Board may decide that the ejected person must appear before the Board to describe the circumstances of the ejection. Four (4) violations of the Code of Conduct will result in immediate dismissal from the Katy Cavalier Lacrosse Club. The Board makes all final decisions on violations of the Code of Conduct.

PLAYER'S NAME _____ Signature _____ DATE _____

PARENT NAME _____ Signature _____ DATE _____

PARENT NAME _____ Signature _____ DATE _____

ENCOURAGE DEVELOPMENT AND LEARNING

APPRECIATION FOR WORK, SUCCESS WILL FOLLOW

BY LILLIAN CONNELL

Graduation season is a time for reflection. As I think back in time, one of the things that I remember from my son's participation in high school lacrosse is having to "learn the ropes" about what a mom and dad should or shouldn't do at a lacrosse game.

His coaches, Bill Lynch and Matt Rakowski, are known for emphasizing good sportsmanship and exceptional citizenship among our players. My son, Frank, and I have learned a lot about appropriate behaviors for those involved with our sport.

It is because of our relationship with these two coaches, and that my son is a starting attackman and a team captain, that a parent new to our team recently asked about how to get more playing time for her son.

Like many other sports, the nature of game play changes as our children get older. Because our league's lacrosse teams are considered "club" sports, there is no need to try out for a team. For that matter, the coaches make an effort to ensure that all of the kids on the middle school and junior varsity teams get exposure to live game action. However, the amount of action that the player will experience is definitely based upon his skills and attitude.

This is a huge change from the sport leagues that involve younger elementary school children. I believe this difference can be seen as a positive change. Skill-based play is one of the ways that our sons learn that it will take effort to become successful in life. Can sitting on the sidelines discourage your son? At times, perhaps yes. However, it can be a learning experience.

I recently asked my son what to say to a parent who asks this question. He said that, first and foremost, a mother or father should never approach the coach on this matter. Instead, the player should take a ball, a stick and possibly a few friends over to a wall, such as one might find at a school, and practice shooting and catching. If your son practices regularly, it will become apparent to coaches who watch the development of each and every one of their players.

Second, encourage your son to go to his coach and ask for suggestions on how to improve his game. He shouldn't approach the coach with a complaint. Instead, he should approach the coach with a request for direction on his own personal development.

Third, encourage your son to gather teammates together to practice on non-practice days, or to meet earlier or stay later for practices and pick-up games. These unofficial practices and pick-up games will improve his skills further.

I liked his answers. I believe that by following his advice, your son will develop skills that will serve him well in his current and future life. These suggested actions encourage self-responsibility and leadership, admirable traits in any person.

Parents should look at their sons' and daughters' participation in lacrosse as more than just a sport. It presents an opportunity to learn skills from team management and fellow teammates that will help them prepare to achieve later successes in life. LM

—Lillian Connell is a parent in Desert Vista (Ariz.) High School lacrosse.



FRANK CONNELL of Desert Vista encourages players to reach out and seek advice on their individual games from coaches.

One For All

Code of Conduct

US LACROSSE AND THE POSITIVE COACHING ALLIANCE

Lacrosse is the oldest American sport. Native Americans played lacrosse centuries ago, long before our colonies were settled. Through lacrosse, Native Americans celebrated and emphasized their spiritual and cultural values.

In an effort to promote appropriate values in the modern game, US Lacrosse has partnered with the Positive Coaching Alliance to promote positive coaching and good sportsmanship for all levels of lacrosse. US Lacrosse has included the following "Lacrosse Code of Conduct" as part of its membership application to encourage and foster appropriate values in play-ers, coaches, parents, officials and spectators. US Lacrosse believes that it should be a priority of every lacrosse player, team, program and league to "Honor the Game."

US LACROSSE CODE OF CONDUCT

Players, coaches, officials, parents and spectators are to conduct themselves in a manner that "Honors the Game" and demonstrates respect to other players, coaches, officials, parents, spectators, and fans. In becoming a member of the lacrosse community an individual assumes certain obligations and responsibilities to the game of lacrosse and its participants. The essential elements in this "Code of Conduct" are HONESTY and INTEGRITY. Those who conduct themselves in a manner that reflects these elements will bring credit to the sport of lacrosse, themselves, their team, and their organization. It is only through such conduct that our sport can continue to earn and maintain a positive image and make its full contribution to amateur sports in the United States and around the world. US Lacrosse supports the following behaviors for those who participate in the sport or are involved in any way with US Lacrosse. The following essential elements of the "Code of Conduct" must be followed:

Essential Elements of the Code of Conduct:

- + Sportsmanship and teaching the concepts of fair play are essential to the game and must be taught at all levels and developed both at home and on the field during practices and games.
- + The value of good sportsmanship, the concepts of fair play, and the skills of the game should always be placed above winning.
- + The safety and welfare of the players are of primary importance.
- + Coaches must always be aware of the tremendous influence they have on their players. They are to strive to be positive role models in dealing with young people, as well as adults.
- + Coaches should always demonstrate positive behaviors and reinforce them to players, parents, officials and spectators alike. Players should be specifically encouraged and positively reinforced by coaches to demonstrate respect for teammates, opponents, officials, and spectators.
- + Players should always demonstrate positive behavior and respect toward teammates, opponents, coaches, officials, parents, and spectators.
- + Coaches, players, parents and spectators are expected to demonstrate the utmost respect for officials and reinforce that respect to players/teammates. Coaches are also expected to educate their players as to the important role of lacrosse officials and reinforce the ideal of respect for the official to players/teammates.
- + Grievances or misunderstandings between coaches, officials or any other parties involved with the sport should be communicated through the proper channels and procedures, never on or about the field of play in view of spectators or participants.
- + Officials are professionals and are therefore expected to conduct themselves as such and in a manner that demonstrates total impartiality, courtesy, and fairness to all parties.
- + Spectators involved with the game must never permit anyone to openly or maliciously criticize, badger, harass, or threaten an official, coach, player, or opponent.
- + Coaches must be able to demonstrate a solid knowledge of the rules of lacrosse, and should adhere to the rules in both the letter and the spirit of the game.
- + Coaches should provide a basic knowledge of the rules to both players and spectators within his/her program. Attempts to manipulate rules in an effort to take unfair advantage of an opponent, or to teach deliberate unsportsmanlike conduct, is considered unacceptable conduct.
- + Eligibility requirements, at all levels of the game, must be followed. Rules and requirements such as age, previous level of participation, team transfers, etc, have been established to encourage and maximize participation, fair play and to promote safety.

For more information call: 410-235-6882, x102



KATY CAVALIER EXPECTATIONS

	Initial	
	Player	Parent
1 Katy Cavaliers are held to the highest level of sportsmanship and leadership on and off the playing field	_____	_____
2 No Pass - No Play Policy. I understand any report card grade below 70 makes me ineligible to participate in games and scrimmages until a passing grade of 70 or higher is demonstrated on a subsequent progress note or report card.	_____	_____
3 I have read, and agree to comply with the US Lacrosse Code of Conduct	_____	_____
4 I have read, and agree to comply with the Katy Cavalier Lacrosse Club Code of Conduct	_____	_____
5 The Katy Cavaliers will teach the fundamentals of our sport and expect players to show up, and be on time for practices, games and scrimmages	_____	_____
6 The Katy Cavaliers will make an effort to play every player, every game. In Non-District the Coaches will <u>try</u> to play them in approximate proportion to the number of lines per position. <u>Playing time</u> in district, league, play-off and championship games are at the Coaches discretion.	_____	_____
7 24-Hour Rule. Parents agree to not approach the Coaching Staff during, or after the game. Please wait 24 hours to call or email to discuss	_____	_____
8 As a member of the Katy Cavaliers, agree to play lacrosse only for the Katy Cavaliers during the regular season, play-off and championship games	_____	_____

KATY CAVALIER LACROSSE CLUB

REQUEST FOR AUTOMOBILE RELEASE

NOTE: Due to the varying times and point of departure for scheduled events, Katy Cavalier Lacrosse Club Officers, Officials, Agents, or Coaches cannot /will not monitor who a player has permission to ride with.

For the protection and safety of all parties concerned, it is requested parents discuss this subject and make their wishes known to their player.

PLAYER'S NAME _____

This is to certify that I, as parent/guardian with legal responsibility for this participant, verify that I am solely responsible for getting my child to and from all Lacrosse events and I have discussed the subject of riding home in someone else's car with my child. I also certify: **IT IS MY CHILD'S RESPONSIBILITY TO KNOW WHETHER HE DOES OR DOES NOT HAVE MY PERMISSION TO RIDE WITH SOMEONE OTHER THAN ME.**

PARENT/GUARDIAN SIGNATURE _____

DATE _____

KATY CAVALIER LACROSSE CLUB

PARENT PERMISSION FOR PUBLICATION OF PHOTO

In order to include your child's photo on the team website or in local newspapers and any other external publications, we must have your signed permission.

Last names of players will NOT be used on the internet.

By signing this waiver form, you agree to allow Katy Cavalier Lacrosse Club to reproduce any photo taken of your child, _____, while participating in any on-field or off-field activity as a member of the Katy Cavalier Lacrosse Club.

This waiver will be valid for any picture taken during the 2010-2011 lacrosse season.

I understand and agree to the above:

Parent/Guardian Signature _____

Date _____

JUST WRITE A CHECK!

It's so easy to just write one check.....

We will accept any amount – nothing is too small.

Your contribution is tax deductible, and a receipt will be mailed to you.

Make check payable to: **Katy Cavalier Lacrosse Club**

You may submit this packet at Registration, or Mail to:

Tim Bohdan (President)
22811 Chaus Court
Katy, Texas 77494

or

Gina Brattain (Treasurer)
3211 Ginter Lane
Katy, TX 77494

**YES, WE WANT TO SUPPORT THE
KATY CAVALIER LACROSSE CLUB**

OUR CONTRIBUTION OF \$_____ IS ENCLOSED.

NAME:

ADDRESS:

THANK YOU FOR YOUR GENEROUS SUPPORT!

CORPORATE FUNDING

MANY EMPLOYERS HAVE MATCHING FUND PROGRAMS OR GIVE GRANTS FOR EMPLOYEE VOLUNTEER HOURS. LAST SEASON, THE CAVALIERS RECEIVED GRANTS FROM:

BP, CONOCO PHILLIPS, EXXONMOBIL, WALMART, CENTERPOINT ENERGY

SIMPLY FOR TURNING IN VOLUNTEER HOURS, TEAM PARENTS WOULD HAVE CONTRIBUTED ANYWAY!

DOES YOUR COMPANY HAVE

- MATCHING FUNDS**
- VOLUNTEER HOUR GRANTS**
- OTHER PROGRAMS _____**

NAME OF COMPANY _____

MAY WE CONTACT YOU ABOUT THIS? _____

NAME _____

PHONE OR E-MAIL _____

NAME OF COMPANY _____

KATY CAVALIER LACROSSE CLUB

INCREDIBLE PARENT SUPPORT WAS A HUGE PART OF OUR CLUBS SUCCESS LAST SEASON. PARTICIPATION WILL SHOW YOUR PLAYER YOU SUPPORT HIM, AND WILL HELP YOU UNDERSTAND THE GAME OF LACROSSE BETTER, AND LET YOU GET TO KNOW OTHER CAVALIER PARENTS! WE ENCOURAGE YOU TO PARTICIPATE.

NAME: _____

CONTACT PHONE OR E-MAIL ADDRESS _____

PLEASE CHECK ALL AREAS OF INTEREST. YOU WILL BE CONTACTED FOR VOLUNTEERING.

GAME AND GROUND CREW

- FIELD LINING
- BEGINNING OF SEASON FIELD MARKING
- KEEP SCORE DURING ONE OR MORE GAMES THROUGHOUT THE SEASON
- SCOREKEEPER'S ASSISTANT
- TIMEKEEPING FOR ONE OR MORE GAMES THROUGHOUT THE SEASON
- SITE ADMINISTRATOR
- FIRST AID KITS - INITIAL SETUP
- CONCESSION COMMITTEE

COMMUNICATIONS

- PLAYER DIRECTORY
- WEBSITE DEVELOPMENT/MAINTENANCE – JOSH MCKENNA
- PUBLICITY/NEWSPAPER ARTICLE

END OF SEASON PARTY

- COORDINATOR
- ASSIST WITH PARTY

PHOTOGRAPHY

- YOUNG GUNS (4-6th GRADE SQUAD)
- 7TH GRADE SQUAD
- 8TH GRADE SQUAD

- TEAM PARENTS - ATTENDANCE, FIRST AID KIT, SPIRIT GEAR
 - YOUNG GUNS (4-6th GRADE SQUAD)
 - 7TH GRADE SQUAD
 - 8TH GRADE SQUAD
-

THANK YOU FOR VOLUNTEERING

I HAVE READ AND FILLED OUT THE VOLUNTEER JOB OPPORTUNITIES SHEET.

PARENT SIGNATURE _____